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C: (619) 384-5269 Date: January 26, 2018

COUNCILMEMBER CATE TO HOST FREE FLU SHOT CLINIC IN MIRA MESASan Diego's Paramedics Will Administer Flu Vaccinations to Adults in Need

San Diego, CA: On Monday, January 29, 2018 from 1:00 p.m. to 3:00 p.m., the Mira Mesa Senior Center will open its doors to the community for a FREE Flu Shot Clinic. With our region being hit hard with the flu, San Diego's Public Safety and Livable Neighborhoods Committee Chairman is partnering with American Medical Response, San Diego's exclusive EMS provider, to provide free flu vaccinations to adults in need.

No appointment is necessary. Anyone over the age of 18 is eligible.

According to the Health and Human Services Agency, this flu season has the highest number of mortalities in two decades.

"With 174 lives lost to the flu this season, it is imperative that individuals get vaccinated. It is not too late," stated Councilmember Chris Cate.

WHAT: FREE Flu Shot Clinic

WHERE: Mira Mesa Senior Center, 8460 Mira Mesa Boulevard, San Diego, CA 92126

WHEN: Monday, January 29, 2018

1:00 p.m. to 3:00 p.m.

WHO: Councilmember Chris Cate [Media Availability 1:00 p.m. to 1:30 p.m.]

American Medical Response

